

WHILE YOU WAIT

CURED MEATS £14.95

Italian Salami, Chorizo, Breseola, Prosciutto,
Rustic Olives, Roasted Onions, Quay Three Bread

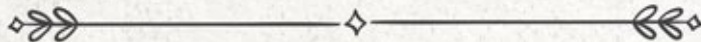
BREAD & OLIVES £5.95

Balsamic, Extra Virgin Olive Oil

BREAD & OILS £3.50

ANTI PASTI BOARD £12.95

Hummus, Selection of Olives, Roasted Pearl Onions, Sundried Tomato,
Stuffed Pepperd, Balsamic Dip, Extra Virgin Oil, Quay 3 Bread



STARTERS

SOUP OF THE DAY £5.50

Garlic Croutons · Herb Oil · Quay 3 Bread

BRAISED SHORT RIB OF BEEF £8.45

Braised in Guinness · Honey Glazed · Burnt Onion Puree · Confit Tomato · Onion Powder

SIGNATURE SCOTCH EGG £6.50


Ty Siriol Pork Mince · 6 Minute Egg · Panko Crumbed · Roasted Garlic Aioli

GOATS CHEESE CREME BRULEE £7.95

Salt Baked Beetroot · Pickled Walnuts · Caramelized Onion Loaf

CHORIZO "LOLLIPOPS" £6.95

Spanish Chorizo · Paprika Batter · Tarragon Mayonnaise · Watercress



MAINS

POACHED & ROAST CORN FED CHICKEN

Wrapped in Prosciutto · Burnt Corn · Charred Spring Onion · Smoked Potato Puree · Crispy Chicken Skin · Tarragon Jus

£16.95

TRIO OF LAMB

Loin · Cutlet · Shepherd Pie · Edamame · Dauphinoise · Port Reduction

£18.95

WAGYU BEEF BURGER

Pembrokeshire Grass Fed Wagyu · Charcoal Bun · Beef Tomato · Crispy Gem Lettuce · Relish · Sea Salt Hand Cut Chips

£15.95

BUTTERNUT SQUASH & SAGE TORTELLINI

Wild Mushroom Cream · Deep Fried Rocket · Truffle Oil

£14.95

100Z RIBEYE STEAK

Sea Salt Hand Cut Chips · Roasted Tomato · Portobello Mushroom · Balsamic Dressed Leaves

£21.95

70Z FILLET STEAK

Sea Salt Hand Cut Chips · Roasted Tomato · Portobello Mushroom · Balsamic Dressed Leaf

£25.95

LENTIL, CHICKPEA & SWEET POTATO CURRY

Cauliflower Pakora · Smoked Rice · Garlic & Coriander Naan · Mint Creme Fraiche

£16.95

MEAT PLATTER

ARE YOU A MEAT LOVER?

Our meat platters are deliciously made up around a succulent 1kg Tomahawk Steak, Chicken Wings, Scotch Egg, Chicken Skewers, Grilled Corn, Quay 3 Lamb Shepherds Pie, Mini Burgers, Crispy Crackling and any side of your choice.

£32.95 pp (Minimum of 2)

SIDES

CAULIFLOWER CHEESE	£3.50
SEA SALTED CHIPS	£3.50
BEER BATTERED ONION RINGS	£3.50
SEASONAL VEGETABLES	£3.50
MIXED PEPPERCORN SAUCE	£2.50
CAFE DE PARIS BUTTER	£2.50
BLUE CHEESE SAUCE	£2.50

SEAFOOD PLATTER

ARE YOU A SEAFOOD LOVER?

Quay 3 Seafood Platter
Grilled Lobster Tail, Lemon & Butter Fried Tiger Prawns, Deep Fried Cockles, Seared Scallops, Moules Mariniere, Samphire, Grilled Lemon.

£21.95pp (Minimum of 2)